



DISCUSSION GROUP TOPIC SCHEDULE



January 27, 2025: Surviving flu and cold season
with your breastfed baby

February 24, 2025: What I ♥ about breastfeeding

March 24, 2025: Springing off to a good start -
breastfeeding advice for new parents

April 28, 2025: Weeding out breastfeeding myths

May 19, 2025: Parenting through breastfeeding -
reading your baby's cues

June 23, 2025: Breastfeeding -
everybody's doing it!

***All discussion groups meet 6:30 - 7:30PM at the Topeka Shawnee Co
Public Library. Find us on FaceBook or email us to get added to our
distribution list for future topics.***

LLTopeka@gmail.com

Facebook page: "La Leche League of Topeka"

Hotline: 785-256-0260

***La Leche League is an international, nonsectarian service organization dedicated
to providing support, education, information and encouragement to women who
choose to breastfeed. Pronounced la-lay-chay, La Leche means "the milk" in
Spanish.***